

UNITED REFORMED CHURCH

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ST GILES' CHURCH OF ENGLAND

Rector: Rev'd Christine Britton
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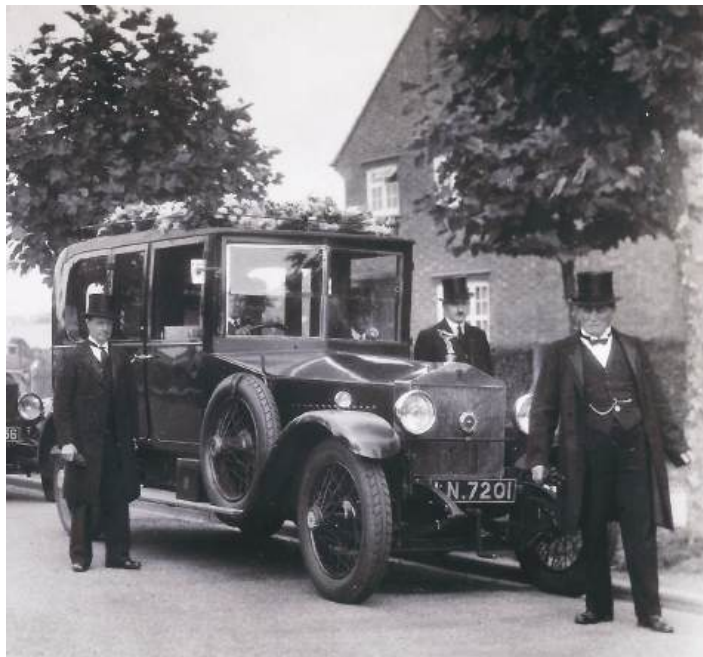
February 2025

March 2025

<p>URC Morning Services Sunday - 11.00am Children's space available during all services Holy Communion, 3rd Sunday</p>	<p>St Giles' Morning Services Sunday - 8.00am BCP (said) Holy Communion - 9:30am Family Praise (video bible story, action songs & object lessons for families with younger children) - 10:30am CW Communion with songs (except 1st Sunday - 10:30am All-age Service) Thursdays - 10.00am BCP (said) Holy Communion</p>	<p>Sunday Evening Services Please keep an eye on the Church websites for details: www.stgileschurch.co.uk www.ickenhamurc.org.uk</p>
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A.CAIN: A NEW OLD NAME IN ICKENHAM

A.Cain (Funeral Services) Ltd was established just after the turn of the 20th century - in 1902 - by Albert Cain, and now has a new office and Chapel of Rest at 8 Glebe Avenue, conveniently close to the centre of the village and our transport links.



The business served both the Hanwell and Hayes communities throughout the turbulent years of World War I and World War II. Albert had two daughters, one of whom, Ethel, married Mr William Murray. Five generations on, the company is still run by the same family, namely Simon A.Cain Murray, who has worked for 41 years in the family business, alongside his wife Julie Murray and their son Benjamin A.Cain Murray, both of whom have been involved in the business for over 20 years. The move to Ickenham had always been a long term objective of the firm, which has been caring for families in Ickenham

and the surrounding areas over the years and wanted to offer a local option for arrangements and Chapel of Rest.

Looking to the future, the next generation of Albert Cain's descendants already attend secondary school in Ickenham, while the oldest generation still involved in the business live locally and can often be found supporting our local shops here, with plenty of other long-standing Ickenham connections in the family.



The team at A.Cain admire and appreciate the sense of community and pride that Ickenham residents have in their village, and they feel that this ethos reflects their own beliefs. "We are excited to be part of this community and look forward to getting involved with local events and making ties with the residents."

RACHEL EVANS

24TH FEBRUARY 2022

Ukraine... always in our thoughts

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Ickenham URC at: www.ickenhamurc.org.uk **St Giles' at:** www.stgileschurch.co.uk

A NEW YEAR'S REFLECTION: LIGHT FOR THE JOURNEY AHEAD

Compliments of the season to you all!

We once again arrive at that time of year when we look forward with hope, making resolutions for the New Year, while also taking a moment to reflect on the journey behind us. As we pause to consider the past year, there should be at least some measure of satisfaction in what we have managed to accomplish, with God's help. For those moments where we may have fallen short, we now have another opportunity to try again — despite the complexities of the times we live in.

Indeed, the world around us seems to be in turmoil. War continues to rage, even in lands where Christ himself was born. It can feel as though the world is in free fall, with things falling apart wherever we look. This chaotic state of affairs serves as a powerful reminder of the very beginning of Creation, as described in Genesis 1:1. We are told that the earth was formless, empty, and cloaked in darkness. It was a confusing and challenging scenario, somewhat like what we feel today.

But in the midst of this darkness, there is a striking assurance: the Spirit of God is present, hovering over the waters. Even when the future feels uncertain or unclear, we are reminded that God's Spirit is always with us, ready to bring light and shape to our confusion.

In the Creation story, it only took God's word for transformation to begin. God said, "Let there be light," and there was light. As we step into this New Year, my prayer is that God will cast light on our paths, making the road ahead more manageable.

Yesterday is behind us, and tomorrow holds our hope. Things may not have gone as planned, and challenges may persist, but with God's help, we can walk forward with renewed resolve.

The failures of yesterday must not trap us in despair when God is continually offering us new chances to begin again.

The words of Isaiah 43:18-21 speak directly to this promise:

"Forget the former things; do not dwell on the past. See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland. The wild animals honour me, the jackals and the owls, because I provide water in the wilderness and streams in the wasteland, to give drink to my people, my chosen, the people I formed for myself that they may proclaim my praise."

Because God is already at work, making a way for us, I encourage you to step into the New Year with confidence. Trust that God will see us through whatever challenges lie ahead. Let us leave behind the burdens of the past and reach out for the new opportunities that God is providing.

With God's guidance, our ministry together in our village will shine the light of Christ into the darkness that continues to affect our world.

As we embark on this New Year, may we be strengthened, inspired, and carried through every challenge by the presence of the Almighty. Enjoy the year ahead, and may the good Lord continue to bless and guide us all.

Happy New Year, and may peace and joy be with you always.

REV'D WILBERT SAYIMANI



DEAR ICKENHAM

27 million adults in the UK pray. 10 million pray regularly. Half of those who pray believe God hears their prayers. Of the people who say they are not religious, 1 in 5 pray.

Do you pray?

When was the last time you prayed?

Why did you pray?

The morning of a job interview. The night when a family member is sick. The five minutes before an exam. Most people have prayed in moments of desperation.

Is anyone listening?

Does anyone listen when we pray? Is there anyone there who cares about our lives? Most people pray at some time in their life. Amazing things can happen when we pray and so often people discover someone who listens. But it's not just religious people. Millions of people who are not religious also pray.



So what is prayer?

Prayer is a conversation with God. You don't need to use special words or a special voice. You can pray out loud or silently. You can pray anywhere, at anytime. God knows what you think and is aware of all you do. You can talk to Him about anything.

One of my favourite verses from the Bible about prayer, is found in the book of Philippians, chapter 4 and verses 6 and 7. It says:

Don't worry about anything; instead, pray about everything; tell God your needs, and don't forget to thank him for his answers. If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand. His peace will keep your thoughts and your hearts quiet and

at rest as you trust in Christ Jesus.

So in this new year, why don't you try praying.

It could change your life.

REV'D CHRISTINE BRITTON

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FROM THE CHURCHES' REGISTERS



Baptisms

- 17th November Jude William Hill
- 24th November Nancy Matilda Hill

Committal at Breakspear Crematorium

- 22nd November Heather John, aged 80 following a service in St Giles'
- 29th November Anne Piper, aged 84 following a service in St Giles'
- 5th December Brian Reid, aged 88 following a service in St Giles'
- 23rd December Judith Butler, aged 76 following a service in St Giles'
- 6th January David Collins, aged 72 following a service in St Giles'

DROP-IN FOR THE BEREAVED

St Giles' Church Hall (Back Hall)
 2.00pm to 3.30pm third Monday in the month
 Come in for a chat over a cup of tea with other bereaved people and bereavement visitors. The next drop-in's are on Mondays:
17th February, 17th March and 21st April

TREE OF REMEMBRANCE

The yew tree on the path between St Giles' Church and the Church Hall was again this year's Tree of Remembrance.

Stars were available for people to write a message on to put on the tree from both Churches and from Ickenham Butchers.

People were also invited to make their own bauble or star.

On Festive Night a team of people from the Bereavement Support Group were there with stars and marker pens, and over 60 people put stars on that evening.



Altogether nearly 350 stars were put on the tree.

These were removed on 5th of January and blessed at the services at St Giles' Church on the 6th.

They have since been incinerated whilst prayers were said, and the ashes will be spread in the wild flower patch close to the tree of remembrance, in the Churchyard.

BEREAVEMENT SUPPORT GROUP

ST GILES' CHURCH STREET PRAYER LIST

Each week we pray for all the people who live or work in a particular road in the Parish as follows:

2nd February	Three Oaks Close	2nd March	Vinlake Avenue
9th February	Truesdales	9th March	Vyners Way
16th February	Turnstone Close	16th March	Wallasey Crescent
23rd February	Tweedale Grove	23rd March	Warren Road
		30th March	Willowtree Close



COME AND ENJOY A TIME TOGETHER with soup, a roll and a speaker

Wednesday 5th February
 Rev'd Christine Britton

The Oasis Café – Ickenham United Reformed Church
 1st Wednesday of each month 1.00pm – 2.00pm

Please sign the list at the URC or call the Church Administrator 07792 143888



We are looking for 4 people to distribute the ICN, to the following addresses:

- Swakeleys Road, Nos: 191 - 279 (62 houses)
- Silverbirch Close, Nos: 1 - 18 - (18 houses)
- St Giles Avenue, (53 houses)
- Warren Road, Nos: 1-83 odd, (45 Houses)

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CLICKRUKIGA CONCERT RAISES THE ROOF!

November 23rd 2024 saw the popular return of the Harrow Apollo Male Voice Choir to Ickenham URC. Conductor Phil Southgate enthusiastically led the choir in a well-received and entertaining range of songs, from California Dreamin' to Nessun Dorma, He Ain't Heavy to Hallelujah and We are the Champions to You'll Never Walk Alone.

In between the vocals a very impressed audience was treated to two exhilarating solo piano performances by the brilliant Ms Han Zi Yoh.



My very grateful thanks go to the gentlemen of the choir for giving their services free of charge; to Kaitan at AVK i-Care, our local opticians for £300 sponsorship to cover expenses; and to committee members, family and friends for their time and effort in preparing for the event, working on the night and clearing up after this successful concert.

The total of £1,662.65 raised will go directly to fund the fitting out of our newly constructed Skills and Training Centre in Rukiga, thus creating a resource to train young men and women for an independent future.

DEREK HUGHES

Ickenham Church News

FAREWELL AND THANK YOU

This year ICN is saying goodbye to a number of advertisers who have been supporters for more years than we can remember. We wish them Happy Retirements.

It's been a win win situation. They have helped us maintain the flow of ICN issues to the 5,000 households in Ickenham and we have advertised their businesses to 10,000 customers.
(Every copy of ICN is generally read by two people.)

Also we are pleased to thank the advertisers who continue with their support this year and, of course, 'Hello and Welcome' to advertisers who are starting with us for the first time.

The ICN Production Team wish you all a successful and prosperous 2025.

One more important thanks is due to Mark Morrish, organiser of our Distribution Network, and his essential team of over 100 volunteer door to door deliverers.

**We couldn't manage without your help.
ICN really is a team effort.**

EXCITING TIMES AT THE URC...

Under the leadership of our new[ish!] minister Rev'd Wilbert Sayimani, we are repeating the broad pattern of events that raised over £700 for each of our external charities last year [Smile Train and Papyrus Prevention of Young Suicide] as well as cash for our own work and witness.

The 2025 charities will be chosen shortly and announced in ICN, but right now please note the dates for our three forecourt sales: 3rd May, 14th June and 6th September.

Each of them will feature our famous plant stall, quality bric-a-brac, a vast range of books, toys and games and anything else you give us apart from clothes and shoes. There will be accompanying coffee mornings with homemade cakes and admission will be FREE. Items for sale may be donated at any time by ringing Richard Piper on 01895 634348, which is also the number for enquiries and offers of help.

We will be starting the year with a friendly Coffee Morning and Coin Mountain on Saturday 15th February, giving the opportunity to place spare coins [and notes!] on the mountain and we hope to see you there.

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ST GILES' CHRISTMAS TREE FESTIVAL 2024

There are lots of things I like about the Ickenham Festive Night, top of my list is the Tree Festival - what's not to love? All those gorgeous trees twinkling in St Giles' Church, lovingly put together by different groups.

My favourite thing about the Tree Festival is the sense of community that it brings, not just to the people taking part and creating and preparing the trees themselves and not in the numbers of people who visit to see the trees and choose their favourites. No, the thing I love the most is when I hear (and I hear it a lot) "I voted for this tree BECAUSE..." often followed by: "my children go to / went to...; my grand children do...; my auntie belongs to...; this group really helped me...; they helped my Dad when..."

Why do I love to hear that so much? It tells me that Ickenham has lots of groups which are important, not just to those who are part of the groups but also to their families and friends too. It's that sense of belonging that builds and strengthens this community.

Representing our strong community, we had two new groups display trees. We had a beautifully lit ceramic tree from Wick and Ceramic (a new craft shop in Swakeleys Road), and a very thoughtful and prayerful tree from "Friends of Faith" (a St Giles' Home Group). This gave a new total of 20 trees on show, including one filled with our favourite Christmas bird, the robin, from the Brownies, and one filled with hand made Christmas flowers crafted by Essence women's group. The Flower Arrangers entered a special tree entitled Christmas Connections.



We also had entries from our favourite regulars: Glebe and Breakspear schools, the Guides, Jack & Jill and the Ickenham Residents Association.

St Giles' Church sends thanks to those who braved the weather on Festive night and came into Church and voted for their favourite trees, helping to raise just over £200. It was delightful to see some regular visitors together with many new faces and we look forward to seeing you again at the next one. Of course we couldn't have done it without the members of the community groups whose trees we displayed and we extend our heartfelt thanks to you.

For the winning tree I heard "I voted for this Tree because they made me smile all through the year" at least a dozen times; and being a true community group, **The Postbox Toppers** dismantled their "Hats On For Christmas" sending all the hats to

the Hillingdon Food Bank where they were added to the Christmas Hampers.

Second place went to **Ickenham and Swakeleys Horticultural Society** with their popular and delightful "Hoe Hoe, Merry Vegmas". Our runner up was no less than Darth Vadar with "In a galaxy far far away there's peace on the front line" (a poignant thought for our planet at this time).

Maybe you belong to a group that plays a part in our community and think you might like to take part in our next festival. If you do, contact us via email office@stgileschurch.co.uk and we will get in touch nearer the time.

JULI HARRIS-POWELL



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WORLD DAY OF PRAYER 2025

Friday 7th March 2025

The focus for the World Day of Prayer for 2025 will be "I Made You Wonderful", from Psalm 139: 14, where we are reminded that God created each one of us with great attention and loving care, and gives the message that we, as women and girls, are 'fearfully and wonderfully' made in the image of God. This reinforces our movement's support of women in expressing their faith, and speaking about their lives in prayer and worship before God and in the community.



The service has been prepared by the Christian women of the Cook Islands in the Pacific Ocean, where they have held WDP services for over sixty years. The landmass of this tiny Polynesian island nation is only two thirds the size of the Isle of Wight; however, the surrounding sea, the island's exclusive economic zone, is seven times larger than that of New Zealand. They came into being through volcanic activity around 2.3 million years ago. Its native tongue is a variant of the Maori language.

There is a consortium of five churches locally which take part: in Ickenham the URC (as last year) and St Giles', and then R.C. Sacred Heart, the Methodist Church and St Martin's CofE. As we take part in this service at the Catholic church in Ruislip, we are part of the day's wonderful wave of prayer which encircles the globe world-wide.

So, please all women and men, do come and join us as below.

Further details from Mary on 01895 672975,
or office@wwdp.org.uk

2pm on Friday 7th March
at the Roman Catholic Church of The Most Sacred Heart,
73 Pembroke Road, Ruislip HA4 8NN.

Here is a photo from when we last met there in 2020, focusing on Zimbabwe. There are many parking places right by the church, and it is also near Ruislip Manor tube station; and it is always followed by a scrumptious tea!



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We are launching a new creative teen group for 2025 - 'Teen Totes'. Want a tote bag that's totally YOU?

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to the ICN are very gratefully received and are individually acknowledged by email. Please make donation cheques out to "PCC of St Giles' Church" and send to Alison Summerfield at: The Office, St Giles' Church, UB10 8BG

Thank you!

This month our grateful thanks go to:
M. Lorimar

Thank you!

COPY DEADLINE DATES

The ICN always needs your stories - deadline for the
April / May Edition is:

12noon on Friday 7th March

If you are planning an event or have something you would like Ickenham to know about - please let us know!

For the June / July Edition, deadline is **May 9th**
August / September Edition, deadline is **July 11th**

All items are subject to Editorial review.

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...social interaction, leisure
& mental stimulation

75 Long Lane, Ickenham UB10 8QS

Monday - Friday | 9am - 4pm

07842 437 152 | 01895 634 830

www.woodlandsclub.co.uk

THE ARTS SOCIETY HILLINGDON

You may remember us as NADFAS (National Association of Decorative and Fine Arts Society), but now we are simply The Arts Society Hillingdon, whose current programme is usually shown in the ICN's Current Events. Our Society brings people together through a shared curiosity for the arts, thereby widening knowledge of our amazing artistic heritage.



Anthony Penrose

We are a friendly group, who meet at 1.45pm for 2pm on the second Wednesday of the month in the Winston Churchill Hall, Ruislip. Our events provide welcoming places to hear expert lecturers share their specialist knowledge about the arts ten times a year.

They cover a wide range, sometimes given by celebrities like Simon Williams on his life in 'Upstairs, Downstairs' and Anthony Penrose on his mother, the famous photographer Lee Miller; and sometimes by experts in their field, whether that be archeology, fine art, antiques, motoring heritage, collecting, hoaxes, cartoons, fashion, magic, stained glass, gardens, jewellery etc.



Simon Williams

Lectures are augmented by regular outings such as to Saffron Walden and Audley End, and the Bevis Marks synagogue, and more recently to Bournemouth, Chichester and Pitzhanger Manor; this summer's will be to Eastbourne.

There are also delightful lunches at Christmas and spring with an enjoyable



Bevis Marks

presentation and sociable meals. Paid-up members enjoy the privilege of access for a year; but you are so welcome to try us as a visitor for only £8 a session.

Further details are happily provided by co-Chair Rachel Garside on 01895 674484, or contact us at artsocietyhilligdon@yahoo.com

HDFAS Saffron Walden



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Please submit your event details online by following the prompts at www.ickenhamchurchnews.co.uk

FORTHCOMING EVENTS

For which your support would be appreciated.

All submissions to be entered online by representatives of the church groups, clubs and societies themselves.

Please find FULL details of all events at www.ickenhamchurchnews.co.uk or email events@ickenhamchurchnews.co.uk

FEBRUARY & MARCH EVENTS

One-off Events throughout these months - Open to all

URC COFFEE MORNING AND COIN MOUNTAIN

15th February 10.00am-12 noon URC, Swakeleys Road UB10 8BE
Friendly coffee morning with homemade cakes and the opportunity to place spare coins (or notes!) on the coin mountain. FREE ADMISSION
Contact Richard Piper richardpiper@btopenworld.com or 01895 634348

HILLINGDON PHILHARMONIC ORCHESTRA - THE MAGIC OF DANCE

15th March 7.30-10pm Winston Churchill Theatre, Manor Farm, Ruislip, HA4 7QL
HPO invites you to a wonderfully eclectic concert of music for different styles of dance from around the world – Big Band, Jive, Latin, waltzes, musicals, ballet and disco. Something for everyone to enjoy!
Leader: Lucy Cumming, Conductor: Peter J. Williams.
Tickets: £15, under-18s free of charge. Book online at <https://discover.hillingdon.gov.uk>.
Call 01895 674223 or 01895 250615. Tickets available on the door until sold out.

ICKENHAM & SWAKELEYS HORTICULTURAL SOCIETY SPRING SHOW

29th March 2.30pm-5pm Ickenham Village Hall, Swakeleys Road, UB10 8DG
Free public viewing from 2.30pm. Refreshments including homemade cakes.
Prize giving and raffle draw at 4.30pm
Contact Rosemary Bennett 01895 633217 www.ickenham-horticultural.org.uk

HILLINGDON CHORAL SOCIETY SPRING CONCERT

29th March 7.30-9.30pm URC, Swakeleys Road UB10 8BE
John Rutter and Karl Jenkins - Sacred Music
Tickets £15 adults, children free. On the door or from hillingdonchoralsociety@gmail.com
<https://www.hillingdonchoralsociety.org.uk/index.html>

CHURCH ORGANISED EVENTS

Everyone is welcome - Open to all

ST GILES' MOTHERS' UNION

Second Thursday of each month 1.45pm – 3.45pm St Giles' Church Hall, Ickenham, UB10 8LE
Thursday 13 February (with raffle) - Alan Brooks - Light and Colour: Stained Glass in Three Local Churches
Thursday 13 March - Rev'd Christine Britton: Lent Reflection with Communion
Contact Brenda on 01895 636803

FOOD FOR THOUGHT

1st Wednesday of each month 1.00pm-2.00pm
5th February - Speaker Rev'd Christine Britton
Oasis Café, URC, Swakeleys Road, UB10 8BE
Please sign the list at the URC or call the Church Administrator 07792 143888

CLUBS, SOCIETIES & INTERESTS

Weekly & Monthly - Open to all

OASIS CAFÉ AT THE URC

Every weekday 10.30am-12.30pm
URC, Swakeleys Road UB10 8BE
Tea, Coffee, Cakes & Biscuits - Friendly, relaxed atmosphere - Monday - Friday. All Welcome.

INTRODUCTION TO BRITISH SIGN LANGUAGE SELF-LEARNING GROUP

Every Monday 11am-12pm
Ickenham Library, Long Lane, Ickenham, UB10 8RE
Join our free self-help group to learn words and phrases together using books and online resources with a focus this season on winter and greetings, as well as learning everyday phrases and the alphabet. Spaces are limited. Book at: ickenham-library@hillingdon.gov.uk

HILLINGDON BRIDGE CLUB

Every Monday and Thursday 1.00pm-4.00pm
Every Monday 7.00pm-9.30pm
Hillingdon Community Hall, 304 Long Lane, UB10 9PE
Come and play Duplicate Bridge £1.50 or £2 per session including tea/coffee and biscuits. New members welcome.
Contact 07808805033 or www.hillingdonbridgeclub.co.uk

HILLINGDON CHORAL SOCIETY

Every Monday in term time 7.45pm-9.45pm
URC, Swakeleys Road UB10 8BE
2024-25 Season. We are a friendly and hard-working choir of about 60 voices who celebrated 40 years in 2021. We rehearse on Monday evenings in Ickenham, and we perform three concerts each year. New members very welcome. No auditions required.
Contact hillingdonchoralsociety@gmail.com

OVER 60's FUN EXERCISE WITH ALICE

Monday, Thursday & Friday 10am-11am
The Guide Hut, Community Close, Ickenham UB10 8RE
All abilities / UK Award Winning classes
Please contact Alice at exercisewithalice@yahoo.co.uk or phone 07736 546190 www.exercisewithalice.co.uk

HILLINGDON SING! COMMUNITY CHOIR

Tuesdays in term time 1pm-3pm
St Giles' Church Hall, Ickenham, UB10 8LE
The Hillingdon Sing! Community Choir is a friendly mixed vocal group. We sing a variety of music and our aim is to have fun and meet like-minded music lovers. No auditions required and new members very welcome.
Contact Email: admin@hillingdonsingchoir.co.uk
Website: www.hillingdonsingchoir.co.uk

HATHA YOGA

Every Tuesday and Wednesday in term time 10am-11.15am
St Giles' Church Hall, Ickenham, UB10 8LE
Improve your Mental & Physical Wellbeing. Beginners welcome. Classes £8 when booked in a half term block, can swap between classes.
Contact Sally Baxter 07977 748820 yogawithsally@gmail.com
website: yogawithsally.com

CHAIR FIT - MOBILITY • STRENGTH • DANCE

Every Tuesday 10-10.45am
St Giles' Church Hall, Ickenham, UB10 8LE
For anyone wanting a gentle session that doesn't include any floor work. Seated and standing exercises using light dumbbells and bands to maintain strength, plus moves for mobility, flexibility and balance. We also do a little dance for fun such as disco, 80s and salsa.
First session free, then £8 per session or £27 monthly.
To book a place contact Emma Boffo - 07956 315851 or email emma@emmbfitfitness.com

RUMMIKUB KLUB

Every 2nd and 4th Friday 10.30am - midday
Ickenham Library, Long Lane, Ickenham, UB10 8RD
Would you like to learn how to play Rummikub with our friendly group? Rummikub is a tile based game which is easy to learn, good for the brain and above all FUN! Drop in, no booking required

TURKS BADMINTON CLUB

Every Tuesday Evening 7-9pm
Bishop Ramsey Sports Hall, Hume Way, Ruislip HA4 8EE
Please just come along. £5 a session.
Contact Kirsten Taylor 07940 950709 or kirst@europe.com

COFFEE, CAKE AND COMPANY MORNINGS

Every Wednesday 10.45am-12.45pm Free to come in.
All Saints Church Hall, Long Lane, Hillingdon UB10 9PE
Coffee morning for people to have a chat with old friends or make some new ones over a cuppa and a slice of homemade cake £3.
Contact Lesley on 07742326667 or email lkthmp@aol.com

SWAKELEYS TENNIS CLUB – ADULT SOCIAL TENNIS

Wednesday and Friday mornings from 9am Saturdays from 1pm
Swakeleys Tennis Club off Swakeleys Drive UB10 8FU
Entrance opposite The Grove. Free for first couple of visits
Contact Brian O'Leary - 01895 467843
email: tennis@swakeleys-tennis.co.uk
www.swakeleys-tennis.co.uk or just come along!

ICKENHAM ART SOCIETY

Every Thursday 7.30-9.30pm
Guide Hut, community Close, Ickenham, UB10 8RE
www.facebook.com/ickenhamart/ or 01895 232569

ST MARTIN'S THURSDAY LUNCHES

Every Thursday 11am-1.30pm St Martins Church Hall, corner of Ruislip High St/Eastcote Rd, Ruislip, HA4 8DG
Everyone welcome for light lunch, tea, coffee, homemade cake, filled rolls, conversation & company, non-profit making. Inexpensive prices.
Contact Church Hall Office 01895-625456 or stmartinsruislip@btconnect.com

ICKENHAM KNIT & NATTER

Bimonthly on Thursday 10.30am – 12:00pm
Ickenham Library (Meeting room) Long Lane, Ickenham, UB10 8RD
Please come and join us for friendly chat and knitting. Free admission.
February dates – 13th and 20th March dates – 6th and 20th
Contact Jill Wakeman 07876 233545 or email wakemanjill@gmail.com

HILLINGDON U3A MONTHLY MEETING

Winston Churchill Hall, Pinn Way, Ruislip HA4 7QL
Second Monday of each month 10am-12noon
Come along and meet us and join our u3a on the day. We also have frequent meetings of varied groups in both St Giles' Church Hall and the URC in Ickenham. Contact www.u3asites.org.uk/hillingdon or call our membership secretary on 07532 268002

ICKENHAM LIBRARY

Ickenham Library, Community Close UB10 8RE
Teen Totes - Tiny Tales - Tiny Tunes
Please go to page 6 for more information

THE ARTS SOCIETY HILLINGDON

Usually 2nd Wednesday of the month 1.45pm for 2pm
Winston Churchill Hall, Pinn Way, Ruislip, HA4 7QL
12th February: Roger Mendham on "Monopoly"
12th March: Dr John Stevens on Rabinranath Tagore
Everyone welcome, just turn up. Member free, visitors £8
Contact: Rachel Garside 01895 674484

ICKENHAM FLOWER CLUB

2nd Thursday monthly 7pm – 9.30pm
Ickenham Village Hall, Swakeleys Road, UB10 8DG
Uxbridge and Ickenham Floral Art Society. Themed flower arranging demonstration. Watch a professional demonstrator create floral art designs - free for members - £8 for visitors - raffle on the night and refreshments.
14th February – AGM, members only.
Contact Cristine Benn - cristiebenn@hotmail.co.uk

LIVE JAZZ

1st Wednesday of the month 8pm-10pm
Ruislip Conservative Club, 56 Ickenham Rd. Ruislip HA4 7DQ
Admission £15. Contact: 01895 637477

BALLROOM DANCING

every Friday 11am – Easy Pace
Suzanne's School of Dance, 69 Swakeleys Rd, Ickenham
Every Thursday 8pm – All Levels
Brunel Indoor Athletics Centre, Kingston Ln, Uxbridge
No partner or experience necessary
Book online: www.dancelnb.co.uk
Contact 07805 360709

ICKENHAM AFTERNOON TOWNSWOMENS GUILD

4th Monday of the month 2pm-4pm
URC, Swakeleys Road UB10 8BE
Contact Tayna Roper, Ickenham Afternoon TWG Secretary
Tel: 07525 368819

HILLINGDON LANGUAGE CLUBS

Spanish, French and Italian Clubs St Giles' Church Hall, UB10 8LE
7.30pm one Thursday of the month each Club, from October to the summer. For details, contact the club you are interested in:
hillingdonspanishclub@gmail.com or 07759 804960
hillingdonfrenchclub@gmail.com or 07941 918 473
hillingdonitalianclub@gmail.com or 01895 674292
web: www.hillingdonlanguageclubs.wordpress.com